

Szénásiné Steiner Rita – Szekeres Szilvia

TTT

**Vocabulary
Activator**

1

Megoldókulcs



**LEXIKA
KIADÓ**

Unit 1 - About you

1.

Surname: Jones First name: Robert Second name: Randall Gender: <u>Male</u> / Female Pet name.: Bobby Nationality: English	Email address: bobbyrand@yahoo.com Mobile phone number: +44 7700 255129 Date of birth: 31 May 1995 Marital status: Single Signature: <i>Robert Jones</i>
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Family name: Brown Christian name: Patricia Middle name: Mary Gender: <u>Male</u> / Female Nickname.: <u>Trish</u>	Nationality: English Mobile phone number: +44 7915 346882 Date of birth: 12 July 1996 Marital status: Single Signature: <i>Patricia Brown</i>
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2 A - 2 , B - 4 , C - 1 , D - 3

3. Student's personal data

4. a)

1- F	2- C	3- E	4- G	5- D	6- H	7- A	8- B
------	------	------	------	------	------	------	------

b) 1- a newborn baby

2- in her early thirties

3- a middle-aged woman

4- a teenager

5- a toddler

6- in her late twenties

7- an elderly lady

8- a child

5.

1. **at** the age **of** 2. the **same** age **as** 3. people **of** all ages 4. When he gets **to** my age 5. bright **for** his age 6. children **of** her age 7. **at** your age

6. a)

beard 6	cheek 4	chin 1	dimple 3	ear5	eye 8
eyebrow 10	eyelashes 9	eyelid 7	forehead 11	freckles 13	hair 12
lips 16	mole 14	moustache 2	mouth 15	neck 17	nose 18
scar 22	teeth 19	tongue 21	wrinkle 20		

7. tall, fat, weighs, hair, eyed, stick, oval, straight, sunglasses, pretty, height, slender, about, black, ponytail, fringe, face, freckles, snub, lips, make-up

8. 1-c, 2-h, 3-g, 4-a, 5-f, 6-b, 7-d, 8-e, 9-i

9a

- 1) J, 2) I, 3) H, 4) F, 5) C, 6) E, 7) A, 8) B, 9) D, 10) G

9c

- 11) R, 12) K, 13) T, 14) L, 15) P, 16) Q, 17) O, 18) M, 19) N, 20) S

10a

un-	dis-	im-	in-	ir-
selfish friendly tidy reliable sympathetic	obedient honest organized respectful	patient polite mature	sensitive dependent considerate decisive secure	responsible rational

10b

- 1) untidy 2) indecisive 3) unfriendly 4) impatient 5) dishonest 6) disobedient 7) immature 8) unreliable 9) disorganized 10) unselfish

11.

positive	negative
hard-working	lazy
generous	mean
neat	untidy
sociable	shy
mature	childish
polite	rude
cheerful	depressed
modest	conceited
calm	nervous

12.

- 1) She is always very friendly **with** me.
- 2) He has always been generous **to** his friends, bought them presents and lent them money.
- 3) Are you good **at** mathematics?
- 4) He is absolutely hopeless **at** languages.
- 5) Don't be jealous **of** me. There is nothing for you to feel jealous **about**.
- 6) I am pretty nervous **about** the exam.
- 7) Julie is going to be late. That's just typical **of** her!
- 8) It wasn't very considerate **of** you to eat all the sandwiches.
- 9) We are all really proud **of** you.
- 10) She was so fussy **about** the wedding. Everything had to be perfect.
- 11) I am extremely grateful **to** you **for** your help.
- 12) I have always felt envious **of** my sister.
- 13) She was all enthusiastic **about** her trip to New Zealand.
- 14) I am more than capable **of** passing the driving test.
- 15) Children should be obedient **to** their parents.

13.

- 1) sensible 2) sensitive 3) sensible 4) sensitive 5) sensible 6) sensitive
- 7) boring 8) bored 9) bored 10) boring 11) bored 12) boring

14.

1) eager beaver 2) woman of her word 3) smart cookie 4) teacher's pet 5) big mouth 6) pain in the neck 7) busybody 8) smart Alec 9) moaning minnie 10) life and soul of the party 11) born optimist 12) nerd / anorak

15.

1) *takes* 2) *few* 3) *first* 4) *turn* 5) *make* 6) *better* 7) *bit* 8) *another* 9) *rely* 10) *judge*

16a

1) blue, brown 2) blue, brown 3) green 4) red 5) brown 6) blue, yellow 7) red

17.

1) let 2) from 3) born 4) since 5) grade 6) mother 7) since 8) as 9) hair 10) wear 11) because 12) and 13) when 14) get 15) need 16) most 17) get 18) new 19) from 20) bit 21) about / on

18. Q&A

1. Would you spell your name, please?
2. When were you born?
3. What nationality are you?
4. Can you speak any foreign languages?
5. What do you look like?
6. How much do you weigh?
7. How tall are you?
8. What colour are your eyes?
9. Are you satisfied with yourself? Would you like to be different?
10. Have you got any bad habits?

19. Translation

1. I'd like to introduce myself in a few words.
2. I go to Deák Ferenc Secondary Grammar School.
3. I've been learning English for six years.
4. This is a common surname in Hungary.
5. My friend has dual nationality.
6. What's your native language?
7. If everybody has got a mobile phone in the family; it's easy to keep in contact.
8. My height is below average.
9. I'm of average height.
10. As to my weight, I should lose a bit of weight.
11. I wear glasses.
12. You should always have your ID on you.
13. I get on well with people.
14. I'm happiest when I can spend my time with friends.
15. I prefer to stand back and observe people / the others.
16. I often make decisions impulsively, on the spur of the moment.
17. On the whole, I'm satisfied with my personality.
18. I wouldn't change a single thing about me.
19. Unfortunately, I don't have a sense of humour.
20. My classmates share their secret with me.
21. They often ask me for advice.
22. I'm not too confident.

23. I try to look on the bright sides of things.
24. I'd like to be able to stand up for myself.
25. If I were given the opportunity to change something about my personality, I would definitely overcome my tendency to procrastinate.
26. I tend to put off things.
27. I'd like to be more organized.
28. I'm extremely messy.
29. I used to bite my nails.
30. If you meet someone for the first time, introduce yourself, shake hands with them, look into their eyes and smile.
31. Don't make snap judgements about others.
32. Don't judge people by their appearance.
33. Red reminds me of my favourite flower.
34. Number thirteen is often considered unlucky, but I'm not superstitious.
35. In my opinion we should accept ourselves as we are.
36. As I've mentioned before, I get easily offended.

Unit 2 – Family

1. 1. uncle 2. ex-wife 3. brother 4. niece 5. cousin 6. grandmother 7. nephew 8. daughter
9. father 10. aunt 11. mother-in-law 12. sister 13. son-in-law 14. mummy

extended family: a family unit that includes not only your parents and brothers or sisters, but also your grandparents, aunts, uncles, cousins, etc.

2. a)

	You are:
A	Edna
B	Ella
C	Emily
D	Bruce
E	Bernie
F	Agnes
G	Ernest
H	Benjamin
I	Brenda
J	James

3. 1. divorced 2. round 3. on badly 4. married 5. over 6. engaged 7. on well 8. close

4.

a couple with no kids: ..b).. an extended family:a)... a foster family:d)...
a nuclear family:e)..... a single-parent family: ...c).....

5. 1. after 2. up 3.out 4.on 5. after 6. to 7.to 8. on 9. up 10. up

6.

*1.runs in the family 2. like chalk and cheese 3. birds of a feather 4. the apple of my eye
5. black sheep of the family 6. fight like cat and dog 7. tied to his mother's apron
strings 8. blood is thicker than water*

7. 1. birthday cake 2. candle 3. greeting card 4. guests 5. invitation 6. paper plate
8. 7. party cap 8. gift 9. ribbon 10. wrapping paper 11. balloon 12. paper cup
9. 13. clown 14. pizza 15. streamers 16. cupcake 17. cola

a) invitations	b) guests	c) balloons	d) streamers	e) birthday cake
f) candles	g) gifts	h) wrapping paper	i) ribbon	j) greeting cards
k) party caps	l) pizza	m) cola	n) paper plates	o) paper cups
p) cupcakes	q) clown			

10. Across: reindeer, card, star, December, Santa (backwards line9)

Down: snowflake, Rudolph, frost, sleigh, bells, carol, present, North Pole

Diagonal: stocking, holly, tree

11. A- 3. B- 7. C- 1. D – 2. E- 8, F – 6, G – 4, H – 5.

12. 1)D 2) F 3) A 4) C 5) E 6) G 7)B

1) leverage 2) privilege 3) approval 4) goal 5) marine 6) behaviour

11. 1)only 2) divorced 3) forties 4) occupation 5) family 6) on 7) with 8) extended 9) sister

12. Q&A

1. Who do you live with?
2. Do you get on well with your brothers and sisters?
3. What do your mother and father look like?
4. Are your parents strict?
5. Where do your grandparents live?
6. Do your parents trust you?
7. How often do you see your grandparents?
8. Are friends more important than family? What do you think?
9. Do your parents let you stay out late?
10. How do you celebrate your birthday?
11. What are your fondest childhood memories?

13. Translation

1. Sometimes I'm fed up with my little sister.
2. I take after my mum in looks.
3. Sometimes it's my mother who I have a better relationship with, but in some situations it is my father who I turn to.
4. My granny can make me laugh even when I feel blue.
5. Unfortunately my mum is an only child so I don't have any aunts or uncles on my mother's side.
6. As my parents got divorced a few years ago, I live in a single-parent family.
7. Usually we argue about school, especially when I get a bad mark.
8. Parents work a lot and they have less time for their children.
9. The most important family occasions in our family are birthdays, my parents' wedding anniversary, Christmas and Easter.
10. There is absolutely no need to give them a beating or prohibit them from watching television or playing on the computer.
11. The best way to discipline children is to talk to them.
12. My parents are a bit old-fashioned.
13. As I come from a religious family, we celebrate the Resurrection at Easter.
14. The importance of the family has changed a lot recently.
15. Both my mother's brothers are married, so I have two uncles and two aunts on her side.
16. At Christmas my mum usually makes fish soup, turkey with potatoes and a nut roll.
17. At about 5 o'clock in the afternoon we get together around the Christmas tree, sing songs together and then we unwrap all our presents.
18. On Easter Monday some boys come to our house to sprinkle me and my mother.

Unit 3 - Home

1.

A) 9 B) 8 C) 5 D) 7 E) 3 F) 6 G) 2 H) 4 I) 1

2.

1) conservatory / roof 2) skylight 3) attic 4) beam 5) chimney 6) satellite dish 7) handle 8) double glazed window 9) peephole 10) knocker 11) doorknob 12) doorbell 13) window sill 14) doorframe 15) threshold 16) front door 17) letterbox 18) cellar 19) greenhouse 20) vegetable patch 21) flowerbed 22) kennel 23) fence 24) gate

3.

1) outskirts 2) downtown 3) districts 4) neighbourhood 5) suburbs 6) green belt 7) residential area 8) council flat 9) convenience 10) upkeep

4.

1 two-storey / stairs 2) smoke alarm 3) air-conditioning 4) solar heating / Solar 5) fire escape 6) banister 7) burglar alarm 8) ceiling 9) balcony 10) under-floor heating

5.

1) master bedroom 2) guest room 3) utility room 4) shed 5) attic 6) cellar 7) basement 8) landing 9) porch 10) pantry 11) drive 12) study / den 13) patio 14) wall-to-wall carpet

6.

1) hat and coat rack 2) wall unit 3) stereo 4) candlestick 5) cushion 6) still-life 7) roller-blind 8) sofa / settee 9) curtain rail 10) curtain 11) wallpaper 12) fireplace /stove 13) umbrella stand 14) shoe cabinet 15) armchair 16) carpet 17) ashtray 18) parquet 19) coffee table 20) armchair 21) rocking chair 22) extractor fan / cooker hood 23) refrigerator / fridge 24) sink 25) oven mitt / glove 26) spice rack 27) counter / worktop / work surface 28) cookery book 29) kettle 30) tablecloth 31) dresser / sideboard 32) freezer 33) cooker 34) teatowel 35) kitchen unit 36) dish drainer 37) cutlery drawer 38) dishwasher 39) toaster 40) microwave oven 41) rubbish bin 42) stool 43) pepper mill 44) salt cellar 45) dining table 46) bookcase 47) desk tidy 48) pillow 49) alarm clock 50) bedside lamp 51) dressing table 52) built-in wardrobe 53) desk 54) swivel chair 55) filing cabinet 56) quilt / duvet 57) double bed 58) bedside table 59) chest of drawers 60) toy cupboard 61) rocking horse 62) feeding bottle 63) cot 64) towel rail 65) shower cubicle 66) shower head 67) toiletries 68) bathroom cabinet 69) tile 70) tap 71) toothpaste 72) toothbrush 73) shelf 74) comb 75) mirror 76) bunk bed(s) 77) playpen 78) pram 79) toilet 80) toilet roll holder 81) bath mat 82) bath 83) laundry box 84) soap 85) washbasin 86) pail / bucket 87) mop

7.

1) keep 2) floor 3) other 4) magnets 5) space 6) appliances 7) bench - KITCHEN
8) floor 9) Over 10) shelf 11) rail 12) dish - BATHROOM
13) view 14) chairs 15) meals 16) shade - BALCONY
17) under 18) protects - CELLAR
19) keep 20) shelves - PANTRY
21) home 22) guests 23) Entering 24) photos 25) set - LIVING ROOM

8.

Sally doesn't have a room of her own. She shares a room with her sister. The first thing you will notice when you walk into her room is a huge **dolphin** poster on the wall. She loves animals. They have a carpet on the floor. It is **as big as** the room. As the room is rather small, they have **bunk beds**. **Next to** the bed they have a large wardrobe. They have two desks in front of the window with two **swivel** chairs. On her desk she has a big stereo and a **CD tower**. She loves music. I think her desk has **four** drawers. Her sister has a computer and a mini cactus on her desk. On the other side of the room, **opposite** the bed they have a bookcase full of books, magazines and a dictionary. They have a **spotted** curtain on the window and I think the room **has got** a balcony too.

9.

1) surrounded 2) overlooks 3) located 4) moved 5) open 6) hang 7) turn 8) protect / add 9) painted 10) face 11) furnished 12) hangs 13) measures 14) crammed 15) installed 16) removes 17) lead 18) cut / weed / rake 19) climb 20) operated 21) lock 22) attached

10.

No	letter	meaning	No	letter	meaning
1)	I	padlószőnyeg	11)	Q	olvasólámpa
2)	N	hálószobából nyíló fürdőszoba	12)	C/S	parkolóhely
3)	L	szagelszívó	13)	C/S	tárolóhely
4)	M	emeletes ágy	14)	B	háztartási eszköz
5)	O	emeletes, több lakásból álló ház	15)	A	négyzetméter
6)	T	perzsa szőnyeg	16)	K	dohányzóasztal
7)	D	vágódeszka	17)	F	lakótelep
8)	P	vízfestmény	18)	H	hangszigetelt
9)	R	távűtés	19)	J	forgószek
10)	E	konnektor	20)	G	kristály csillár

11.

1) use 2) cost 3) last 4) heat 5) transform 6) turn 7) leave 8) turn 9) clean 10) are 11) cleaning 12) separate 13) have 14) recycled

12.

.... shops within **walking** distance
.... closeness to public **transport**
.... pleasant neighbourhood
.... **garden**
.... **balcony**
.... stunning **view**
.... **garage**
.... off-road **parking**
.... fast **internet** access
.... central **heating**

.... **number** of rooms
.... good-sized rooms
.... **spacious** kitchen
.... well-**equipped** kitchen
.... separate bathroom and **toilet**
.... ample storage **space**
.... fitted **wardrobes**
.... privacy
.... **friendly** local community
.... **quiet** neighbours

13.

1) D 2) F 3) A 4) E 5) C 6) B

13b

1) ancient 2) universe 3) income 4) lush 5) improve 6) clutter 7) get rid of

14.

1) capital 2) district 3) block 4) moved 5) layout 6) front 7) straight 8) joined 9) instead 10) toilet 11) view 12) **everything** 13) spread 14) shelves 15) hand 16) messy 17) boring 18) crowded 19) run 20) mayor 21) improve

15.

1. How long have you lived here?
2. Have you got a room of your own?
3. Where do you keep your clothes?
4. What is your kitchen like?
5. Where do you have your meals?
6. Is there enough storage space in your home?
7. Which room do you spend the most time in?
8. Do you get along well with your neighbours?
9. If you were the mayor, what changes would you make to your town?

16.

1. I live in a (little) town in the south of Hungary.
2. The village is located not far from Lake Balaton.
3. The centre of Budapest is a thirty-minute car drive away.
4. I have lived here my whole / all my life.
5. It is within easy reach of the city centre by bus.
6. We live on a housing estate. Our flat is on the 7th floor of a ten-storey block of flats.
7. The armchair is opposite the bookcase.
8. It is a medium-sized room with large windows that face south.
9. I share a room with my 12-year-old sister.
10. I have a big fitted wardrobe.
11. Ornaments are just dust catchers.
12. I have floral patterned wallpaper in my bedroom.
13. I love nothing more than spending a quiet evening there with my family.
14. I would have the sitting room redecorated.
15. We separate our waste at home.
16. We are on friendly terms with our neighbours.
17. I am perfectly satisfied with our house. I wouldn't like to move anywhere else.
18. Since I can remember, we've always lived in this flat.
19. The main tourist attraction of our town is the thermal bath.
20. It is exhausting to commute to the nearby city every day.
21. I think everybody should do their share of the housework in a family.
22. We take it in turns to take the rubbish out.
23. I don't mind Hoovering, but I hate ironing.
24. I am a real neat freak.

Unit 4 – Friends

1.

FRIENDS	A FRIENDSHIP
lose	develop
have	ruin
stay	renew
find	destroy
remain	form
make	betray
become	make

2.

1) INTIMATE 2) LIFELONG 3) MUTUAL 4) TRUE 5) CLOSE 6) BOSOM
7) CHILDHOOD 8) SCHOOL 9) LOYAL 10) REAL 11) BEST 12) SPECIAL

3.

1) penfriends 2) classmates 3) date 4) acquaintance 5) colleague 6) friend of a friend 7) circle of friends

4.

1) in 2) after 3) out / during / at 4) in 5) on / with 6) at / off 7) to 8) in 9) on 10) up 11) down
12) from 13) over

5a

A good friend

.... accepts you sympathetic
.... loves you for who you are stands by you when you have problems
.... stands up for you always has time for you
.... is there for you when you need them forgives your mistakes
.... is great at giving advice never lets you down
.... is understanding and helpful never betrays your trust
.... has a good sense of humour	is someone
.... encourages you you have a lot in common with
.... is interested in the same things you can rely and count on
.... shares his things with you you can share problems with
.... listens to your problems you can trust with your secrets
.... is always good to talk to you can have fun with

6.

1) through thick and thin 2) fair-weather friend 3) birds of a feather 4) two-faced 5) cleared the air 6) bury the hatchet / patch up our differences

7a

1) B 2) D 3) A 4) E 5) C

7b

1) making people like you 2) make eye contact with others 3) take a deep breath 4) will take off by itself 5) point out 6) you noticed about him or her 7) nice shot 8) in a lot of cases 9) to make the first move 10) you get the idea

8.

1) role 2) without 3) same 4) there 5) down 6) shoulder 7) anyway 8) hang 9) silence 10) meeting 11) easily 12) together 13) common 14) company

9.

1. Have you got many friends / Do you have many friends?
2. Do you spend a lot of time together?
3. How long have you known your best friend?
4. How do you differ?
5. What do you have in common?
6. Has your friend ever let you down?
7. Is it easy for you to make friends?
8. Do your parents accept your friends?

10.

1. I've got many acquaintances, but only a few close friends.
2. I hope these friendships will last after we leave school.
3. We celebrate our birthdays together.
4. Thank you for listening to what I was saying and encouraging me.
5. I'd never betray your trust.
6. Please, forgive me.
7. We met two years ago and we hit it off straightaway.
8. I'm just the opposite.
9. Fortunately, we rarely have an argument.
10. I don't keep arguing, I just drop it.
11. I don't want to let an incident like this ruin our friendship.
12. She didn't help me when I got into trouble, she turned out to be a fair-weather friend.
13. Don't trust him, he is very two-faced.
14. I'm happy they got married; they are birds of a feather.
15. A friend in need is a friend indeed.

Unit 5 - School

1.

1) pencil sharpener – M 2) stapler – K 3) pencil case – 4) calculator – V 5) compasses – P 6) paintbrush – Q 7) crayons – U 8) glue – R 9) dictionary – S 10) notebook – W 11) folder – F 12) bookcase – T 13) desk – H 14) overhead projector – I 15) locker – J 16) chalk – A 17) eraser / sponge – C 18) whiteboard – D 19) marker – B 20) shelves – E 21) ruler – N 22) rubber / eraser – O 23) scissors – L

2a

1	L	A	B	O	R	A	T	O	R	Y			
	2	C	O	U	R	T							
	3	C	H	A	N	G	I	N	G	R	O	O	M
4	S	T	A	F	F	R	O	O	M				
	5	F	I	E	L	D							
	6	L	I	B	R	A	R	Y					
	7	S	N	A	C	K		S	H	O	P		
	8	G	Y	M									
	9	C	L	A	S	S	R	O	O	M			
					10	C	A	N	T	E	E	N	
11	W	O	R	K	S	H	O	P					
					12	C	O	R	R	I	D	O	R
				13	S	T	O	R	E	R	O	O	M
14	A	S	S	E	M	B	L	Y		H	A	L	L

2b

It is a school where students live as well as study.

3.

1) crèche / daycare centre (US) 2) nursery school / kindergarten 3) primary school 4) junior section of primary school 5) senior section of primary school 6) secondary school 7) college 8) university / college (US) 9) vocational school 10) residence hall / dormitory (US) 11) public school (UK) / private school (US) 12) state school (UK) / public school (US)

4.

Biology, Music, Physics, Geography, R.E. (Religious Education), English, Information Technology / Computer Studies, History, Maths, Hungarian Literature, Grammar, PE (Physical Education), Art, Chemistry

5.

1) to 2) after 3 in 4) with 5) by 6) between 7) to 8) for 9) at 10) in 11) for 12) by 13) on / for / by 14) in 15) of 16) of 17) in

6.

She / He

- is friendly and *helpful*
- has a good *sense* of humour
- gives a lot of *homework*
- makes his / her *subject* interesting
- is lenient towards his / her *students*
- *explains* things well

- *keeps* discipline
- gives frequent *tests*
- knows his / her subject *well*
- is *impartial*
- never *favours* anybody
- is *strict*
- is understanding and *patient*

7.

No	letter	meaning	No	letter	meaning
1)	F	konyhás néni	7)	B	ötletroham
2)	E	puska	8)	C	dupla óra
3)	L	buzgómócsing	9)	G	szakkör
4)	A	tandíj	10)	D	lógni az iskolából
5)	I	osztályfőnök	11)	H	orvosi igazolás
6)	J	ellenőrző	12)	K	leckefüzet

8a

prepare / revise / study for an exam – pay the exam fee



take / sit an exam



get the exam results: pass or fail the exam



receive the exam certificate

Types of exams: written / oral / entrance

9.

- 1) get butterflies in my stomach 2) with flying colours 3) teacher’s pet 4) made the grade 5) learn things by rote 6) learn my speech by heart 7) mind went blank

10.

- 1) B 2) A 3) E 4) C

10b

- 1) grouchy 2) bully 3) catch up 4) counsellor 5) journal 6) confident

11

- 1) attend 2) building 3) narrow 4) minute 5) timetables 6) tired 7) subject 8) comes 9) choice 10) circles 11) choir 12) training-sessions 13) specialised 14) international 15) pass 16) opportunity 17) subtitles 18) graded 19) original 20) resources 21) references 22) leaving 23) higher 24) apply 25) graduating

12.

16. What school do you attend? / What school do you go to?
17. What class are you in? / What year are you in?
18. Have you got your own classroom?
19. How many lessons do you have a week?
20. How long are the breaks?
21. What do you keep in your school bag?
22. Is there a subject you don't like?
23. What subjects do you find difficult?
24. What does your favourite teacher teach?
25. Have you ever been late for class?
26. How many times have you been absent from school this year?
27. Have you ever played truant / hooky from school?
28. How long does it take to do your homework?
29. How do you get on with your classmates?
30. How long have you been learning English?
31. Why is it important to learn English?
32. What do you do to improve your English?

13.

1. Our school is situated on a housing estate.
2. We have a well-equipped chemistry laboratory.
3. Unfortunately, we don't have outdoor sports fields.
4. We have our own classroom.
5. We have our elevenses in the 2nd break.
6. We do a lot of experiments in the Physics lessons.
7. We have to memorise a lot of dates.
8. If I get a bad mark / grade, my parents punish me, ground me.
9. I am always looking forward to Maths lessons because our teacher explains everything well.
10. She never favours anybody; she is strict but fair.
11. After the breaking up ceremony I am going on a trip with my classmates.
12. According to the code of conduct of the school we mustn't use our mobiles in the lessons.
13. I attend an English course at a private language school.
14. There is an entrance exam, but my primary school results are also taken into account.
15. I'm planning to apply for admission to ELTE to the English major.
16. I'd like to take / pass the intermediate English language exam.
17. I grab every opportunity to improve my English.

Unit 6 – Daily routine

1.

1) ballet dancing 2) DIY 3) darts 4) pottery 5) photography 6) painting 7) embroidery 8) fishing 9) cards 10) crosswords 11) gardening 12) chess 13) board games 14) model trains 15) knitting 16) stamps 17) coins 18) napkins 19) beer cans 20) badminton

2. Possible answers:

do: ballet dancing / DIY/ pottery / photography / painting / embroidery / fishing / crosswords / gardening / knitting

play: darts / cards / chess / board games / badminton

collect: cards / model trains / stamps/ coins / napkins / beer cans

3. a) chess b) playing cards c) embroidery d) photography e) doing crosswords f) DIY g) collecting coins h) gardening

4. 1) wakes 2) get 3) stay 4) leave 5) get 6) have 7) leave 8) have 9) have 10) meet 11) go 12) visit 13) have 14) switch/turn 15) check 16) surf 17) play 18) have 19) brush/clean 20) go

5. 1) for 2) up 3) in 4) out 5) out 6) up, off 7) for 8) up, on 9) for

6. Possible examples TTT pp. 56-60.

7.

No	letter	meaning	No	letter	meaning
1)	H	kirakatot nézeget, körülnéz	6)	J	sőralátét
2)	F	bevásárlóközpont	7)	G	keresztrejtvény
3)	A	digitális fényképezőgép	8)	D	közösségi ház
4)	I	vasútmodell	9)	B	időjárás-jelentés
5)	C	keresztaszemes hímzés	10)	E	ébresztőóra

do – 1, 5, 7 work at – 2, 8 visit – 2, 8 buy – 3,4,7, 10 collect – 4, 6 learn – 5 be good at – 5 check – 9 see – 4, 6 turn off – 3, 10

8. 1) keen 2) mad 3) interested 4) mad 5) interested 6) keen

9. 1) T 2) F 3) F 4) T 5) T 6) T 7) F 8) F

1) misnomer 2) engine 3) memorabilia 4) slang / jargon 5) suspicion

10. Topic in a Nutshell

1) commute 2) railway 3) routine 4) bed 5) of 6) have 7) breakfast 8) school 9) stop 10) lessons 11) canteen 12) training 13) emails 14) to 15) up 16) read

11. Q&A

1. What time do you usually get up?
2. What time do you leave for school?
3. Where do you have lunch?
4. What do you do at weekends?
5. How much free time do you have during the week?
6. Do you ever spend your free time with your friends?
7. Do you collect anything?
8. Do you like board games?
9. How often do you play cards?
10. Do you like crosswords and other puzzles?

12. Translation

1. My mother wakes me up; otherwise I would be late for school.
2. I listen to the weather forecast and then I get dressed.
3. I'm lucky, because our house is next to the school.
4. I usually have lunch in the school canteen.
5. After dinner I usually switch on my computer, check my emails and surf the Internet or play my favourite computer games.
6. At the weekend I always get up late, around ten o'clock.
7. When the weather is nice, we often go hiking, play badminton in the garden or go cycling.
8. I would be really happy if I had more free time, but all things considered I'm quite satisfied with my way of life.
9. After school we usually sit down in a nearby park for a short time and hang out together.
10. I'm mad about model trains, so my hobby is building scenic model railroads and trains.
11. I have always been interested in windsurfing, so I would start doing it if I had the opportunity.
12. When I was a little kid I used to collect Star Wars figures, but I don't collect anything nowadays.
13. I got a napkin collection from my aunt for my 13th birthday.
14. Some very rich people collect expensive things like paintings or antiques.
15. I like playing cards; some card games are very exciting and funny.
16. My grandpa collected stamps and I inherited his collection.
17. I do crosswords while I'm sunbathing.
18. My favourite board game is Monopoly.
19. We always play board games when we go to a camp with my class.
20. I joined a dance club and I go dancing twice a week.
21. I love window-shopping with my friends.

Unit 7 - Cinema

1.

1) F 2) M 3) K 4) A 5) N 6) L 7) G 8) I 9) C 10) B 11) H 12) E 13) D 14) J

2a

			1	F	U	N	N	Y											
			2	A	W	F	U	L											
		3	F	A	S	C	I	N	A	T	I	N	G						
		4	E	N	T	E	R	T	A	I	N	I	N	G					
					-														
		5	M	E	M	O	R	A	B	L	E								
		6	T	H	O	U	G	H	T	-	P	R	O	V	O	K	I	N	G
				7	V	I	O	L	E	N	T								
			8	H	I	L	A	R	I	O	U	S							
			9	E	N	J	O	Y	A	B	L	E							
				10	G	R	I	P	P	I	N	G							

								11	S	A	D									
									12	M	O	V	I	N	G					
									13	S	U	S	P	E	N	S	E	F	U	L
									14	S	C	A	R	Y						
				15	P	R	E	D	I	C	T	A	B	L	E					
16	D	I	S	A	P	P	O	I	N	T	I	N	G							
				17	B	O	R	I	N	G										

2b

FAST-MOVING: full of action, events follow one another rapidly, has a lively plot

AMUSING: funny, makes you laugh

3.

1) directed 2) recommend 3) cheer 4) decided 5) miss 6) filmed 7) stars 8) based 9) waste 10) scare 11) helps

4.

1) trailer 2) multiplex 3) soundtrack 4) credits 5) subtitle 6) premiere 7) studio 8) sequel 9) remake 10) plot 11) stuntman 12) producer 13) cast 14) director 15) extra 16) critic 17) review

5.

A: How about going to see "Escape from Planet Earth"?

B: To tell you the truth I'm not so keen on computer generated cartoons. I'd rather see a horror movie.

A: I don't like horror films. Why don't we go and see "Skyfall"?

B: I've seen it already.

A: I see. Then let's go and see "The Perks of Being a Wallflower".

B: Splendid idea. It's had very good reviews. Where is it on?

A: At the Cinema City.

B: Where shall we meet?

A: Let's meet outside the cinema at quarter to 6.

A: Is there anything interesting on TV tonight?

B: Yes, after the 8 o'clock news there is a good thriller, "Labyrinth" on Channel 4 and a new documentary, "Pompeii: The Mystery of the People Frozen in Time" on BBC 1.

A: Would you like to watch the thriller?

B: No, not really. I think I'd prefer to see the documentary. It has had good reviews.

A: Is it worth seeing?

B: Definitely.

7a

1) news 2) talk show 3) quiz show 4) sitcom 5) soap opera 6) live broadcast 7) reality show

8.

Q1: How many different TV channels do you have?

Q2: How many hours a week do you spend watching TV?

Q3: What kind of programmes do you like watching?

Q4: Are there any programmes you don't like?

Q5: Could you live without TV?

9a

1) N 2) N 3) Y 4) N 5) N 6) Y 7) N 8) Y 9) Y 10) N 11) Y 12) Y 13) Y 14) Y 15) Y 16) N 17) N 18) Y

10a

1) C 2) D 3) A 4) E 5) G 6) B 7) H 8) F

10b

1) there are times of the year 2) a particular show 3) their number is getting smaller 4) they switch to another channel 5) more and more of them are upgrading to 6) many families cannot afford 7) regardless of what is on 8) teendom 9) at the time of release 10) install a virus

11.

1) fan 2) stand 3) on 4) trailer 5) reviews 6) favourite 7) came 8) directed 9) characters 10) rent 11) original 12) switch 13) like 14) cable 15) channels 16) arguments 17) couch 18) addicted 19) waste 20) advantages 21) also 22) obtain

12.

33. How often do you go to the cinema?
34. When was the last time you went to the cinema?
35. What kind of films do you like?
36. Which is the scariest / funniest /most romantic film you have ever seen?
37. Have you ever seen a film that made you cry?
38. How do you decide which film to see?
39. What are the disadvantages of watching TV?
40. What do you think of TV commercials?
41. Is there anything interesting on TV tonight?

13.

1. Cinema tickets are getting more and more expensive.
2. I'm a big fan of computer-generated cartoons.
3. I (would) recommend it to anybody who loves documentaries.
4. I like all kinds of films.
5. It depends on my mood.
6. I don't like films with sad endings.
7. Don't watch dubbed films, if you want to improve your English.
8. I prefer films with subtitles.
9. It depends on how much time I have.
10. We have a satellite dish on the roof on our house and we can receive 42 channels.
11. It cheers you up, if you're feeling down.
12. It was filmed on location in Mexico.
13. The new adaption of the novel was a real disappointment.
14. It has got very good reviews.
15. Let's meet outside the cinema!
16. To tell you the truth I'm not so keen on romances.
17. It has an emotional impact on us.
18. Unfortunately, I didn't see the live broadcast of the match.
19. We are always fighting for the remote control.
20. The film last night bored me to death.
21. I'm sure of one thing, though; there is too much violence on TV.
22. I watch a lot of TV, but I don't neglect my studies.
23. Watching too much television harms our eyesight.
24. It may help to ease boredom.

Unit 8 - Music

1a

1) trombone 2) violin 3) trumpet 4) hurdy-gurdy 5) cymbals 6) flute 7) zither 8) guitar
9) drums 10) accordion 11) French horn 12) piano 13) organ 14) saxophone 15) cello 16) harp

1b

stringed	woodwind	brass	percussion	others
2, 4, 7, 8, 15, 16 viola double bass	6 clarinet oboe bassoon	1, 3, 11, 14 tuba	5, 9 tambourine triangle	10, 12, 13, panpipes harmonium xylophone mouth organ harmonica

2.

1) pianist 2) guitarist 3) cellist 4) organist 5) harpist 6) oboist 7) violinist / fiddler 8) flautist / flutist 9) saxophonist 10) keyboard player / keyboardist 11) 12) tubaist / tubist

1) drummer 2) trumpeter 3) bagpiper

3.

1) flute 2) violin 3) drums 4) piano 5) guitar

4.

How many styles could you find? 14: heavy metal, folk, jazz, classical, country, blues, reggae, punk, rock, pop, rap, soul, techno, hip-hop

The odd-one-out: CHOIR - A group of people who sing together.

5.

1) conductor 2) composer 3) orchestra pit 4) lyrics 5) recital 6) chamber music 7) charts
8) music stand

6.

- 1) Can you read music?
- 2) Can you play any musical instruments?
- 3) Which musical instrument would you like to learn?
- 4) Are you a member of a choir?
- 5) Have you ever been to a music festival?
- 6) When was the last time you went to a concert?
- 7) Have you ever done karaoke?

6b

1) E 2) G 3) A 4) F 5) C 6) B 7) D

7a

1) heard 2) listening 3) want 4) formed 5) love 6) recorded 7) became 8) stayed 9) won 10) been 11) came 12) afford

8.

1) looked 2) later 3) were 4) found 5) doing 6) which 7) might

8b

1) periodic table 2) in the presence of 3) recall 4) random single-digit numbers 5) regardless of 6) subsequent research 7) explanation for all of this 8) heightens your interest 9) improves performance 10) previous experiments

9.

1) means 2) escape 3) stick 4) stand 5) own 6) speakers 7) latest 8) atmosphere 9) gave 10) taken 11) moved 12) Academy 13) chamber 14) composers 15) practice

10.

1. Can you play any musical instruments / a musical instrument?
2. How long have you been playing the piano?
3. Music helps me relax.
4. I'm mostly into rock.
5. I'd like to learn to play the guitar.
6. I can already play a few chords.
7. I used to play the violin.
8. I play in the school orchestra.
9. I practise two hours a day.
10. It would be really cool to learn the drums.
11. I sing in the school choir.
12. We are learning to read music in the Music lessons.
13. I listen to music all the time.
14. I listen to music while I'm working on the computer because it blocks out other noises.
15. Soft background music helps me concentrate.
16. The last CD I bought was my favourite band's latest album.
17. I've got my own stereo.
18. I've only got a portable CD-player.
19. I love their lyrics because I can relate to them, they express my feelings.
20. The organ concert was an unforgettable experience for me.
21. I'd rather listen to music through my earphones.
22. I'm not into concerts.
23. I'm hopelessly tone-deaf.

Unit 9 - Reading

1a

Non-fiction books are books containing facts about real things, real events, real places or real people.

Fiction books are based on the imagination of the author and are written about imaginary people, imaginary events and imaginary places.

1b

fiction	non-fiction
fairy tale, drama, novel, short story	textbook, encyclopaedia, atlas, dictionary, biography, autobiography, cookery book, newspaper article

2.

art & design 6, children's book 12, computing 1, crime fiction 7, family saga 2, health, mind & body 13, historical fiction 14, home decorating and DIY 4, poetry 8, psychology 10, sport 5, quiz book 9, science and nature 3, travelogue 11

3.

1) biography 2) cookbook /cookery book 3) travel guide / guide book 4) autobiography & memoirs 5) comics 6) classics 7) science fiction 8) romance 9) chick lit 10) the Bible

4.

1) encyclopaedia 2) dictionary 3) atlas 4) thesaurus 5) encyclopaedia 6) (instruction) manual 7) thesaurus 8) atlas / encyclopaedia 9) dictionary

5a

1) N 2) Y 3) Y 4) N 5) Y 6) Y 7) Y 8) N 9) Y 10) N 11) Y 12) N 13) Y 14) N 15) Y 16) N

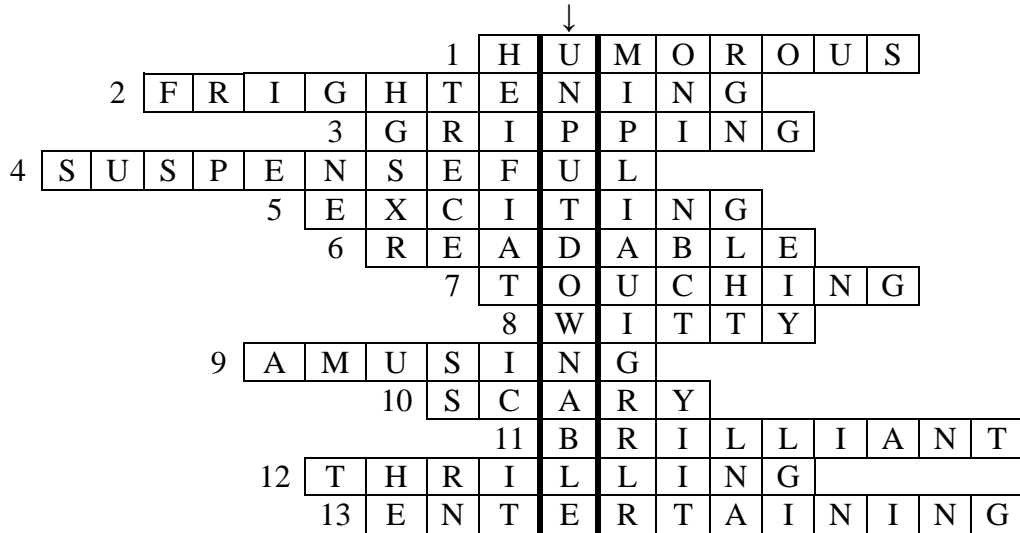
5b

Which of the reviewers did not finish reading the book they talk about? 4, 12, 14, 16

Which of the reviewers had almost the same opinion about the book they read as reviewer 9? 2, 11, 15 (6, 7, 13)

Which of the reviewers weren't pleased with the book they read? 1, 4, 8, 10, 12, 14, 16

6.



7.

1) action-packed – F 2) page-turner – A 3) cliff-hanger – B 4) heart-warming – G 5) spine-chilling – D 6) tear-jerking – E 7) thought-provoking – H 8) jaw-dropping – C 9) spell-binding – I

8.

1) of 2) by 3) of 4) of 5) in 6) to 7) about 8) through 9) in 10) of 11) for 12) to 13) of 14) in 15) On 16) of 17) of 18) of 19) of 20) up 21) on

9.

A: May I help you?

B: I'd like to **borrow** a book on healthy diet.

A: Are you a **member**? Have you got a library **card**?

B: I haven't.

A: You can apply for one **right** now, if you'd like.

B: That's fine.

A: Could you fill out this membership **form**?

A: What can I do for you?

B: I'm **looking** for The Diary of a Young Girl by Anne Frank and I can't find it on the shelf.

A: Have you checked the **computer**?

B: Yes, I have.

A: What did it say?

B: It should be on the shelf, but I couldn't find it.

A: I'm sure I can get it from **another** library.

B: Could you do that?

A: I'll let you **know** when it gets in.

B: That's great. Thank you so much.

A: How may I help you?

B: I'd like to **return** these books.

A: Oh, but these books are ten days **overdue**.

B: Sorry, I've been very **busy** lately.

A: You will need to pay an overdue **fine** on these books.

B: How **much**?

A: It's 20p a day. That means 20p for each book that is overdue. That's £4.

B: That's a lot of **money**.

10.

1) public 2) sections 3) member 4) membership 5) particulars 6) student card 7) free 8) library card 9) total 10) bestsellers 11) renewed 12) requested 13) fail 14) overdue 15) reading 16) journals 17) librarian 18) catalogue 19) access 20) free 21) browsing

11.

1) B 2) H 3) J 4) G 5) C 6) I 7) D 8) E 9) F 10) K 11) A

12.

1) hobbies 2) curling 3) browsing 4) attention 5) exciting 6) ending 7) reading 8) writer 9) especially 10) all time 11) story 12) only 13) so 14) learn 15) original

13.

42. What sort of books do you like / enjoy reading?

43. What was the last book you read?

44. Who is your favourite fictional character?

45. Have you ever read a book in the original language?

46. Have you got a favourite magazine?

47. Do you belong to a library?

14.

1. I'm a real bookworm.
2. I love curling up on the sofa with a good book.
3. I don't have a library of my own.
4. Travel books help us learn about the world.
5. I can't afford to buy all the books I'd like to read.
6. I often borrow books from the school library.
7. I recommend this book to everyone who loves the Harry Potter series.
8. The last book I read was a crime story.
9. The novel is full of exciting adventures.
10. The author has a fantastic imagination and superb story-telling skills.
11. Although I liked the film, I much preferred the book.
12. I always imagine the characters.
13. I love this magazine because I can find real-life stories and useful ideas in it.
14. We don't subscribe to any newspaper.
15. If you can't find the book, ask the librarian for help.
16. I've already filled in the membership form.
17. If you fail to return the books on time, you have to pay an overdue fine.
18. It is said that books are our best friends.
19. At the moment I'm reading Scott Westerfeld's latest novel.
20. This is a real bestseller.
21. I love browsing in bookshops.
22. This is the dullest / most boring book I've ever read.
23. I couldn't put it down.
24. I really enjoyed this book and I'm looking forward to its sequel.
25. I couldn't feel connected to the characters.
26. I treasure my first fairy tale book.
27. I never read the gossip column.
28. I've only read the headlines.
29. I knew from the ads column that he wants to sell his car.

Unit 10 - Sport

1.

1) hurdles – A 2) athletics – B 3) water polo – W 4) wrestling – C 5) canoeing – F 6) show jumping – D 7) discus throw – E 8) handball – M 9) badminton – T 10) javelin throw – J 11) archery – K 12) hammer throw – L 13) rifle-shooting – N 14) high jump – G 15) boxing – O 16) pentathlon – P 17) fencing – S 18) pole vault – I 19) weightlifting – Q 20) shot put – R 21) long jump – H 22) gymnastics – U 23) relay – V

2a

We use **play** with competitive sports, e.g. ball games.

We use **go** with activities that end in –ING.

We use **do** with other sports.

1) played 2) go 3) do 4) play 5) do 6) done 7) go 8) doing

3.

FOOTBALL	SKIING	TENNIS	SWIMMING
pitch, goal, linesman, penalty, pass, striker	binding, helmet, poles, slope, gloves, skis	forehand, backhand, ace, serve, court, racket	breaststroke, freestyle, pool, butterfly, lane lines, touch pad

4.

1) F 2) G 3) E 4) I 5) J 6) A 7) H 8) C 9) B 10) D

5a

1) competition / tie / winner 2) referee / field 3) substitutes / coach 4) championship 5) umpire / court / net 6) round / tournament 7) podium / anthem 8) supporters / whistle

5b

1) a knock-out competition	7) send someone off
2) a home game	8) sit on the bench
3) an away game	9) umpire
4) overtime	10) number one ranked player
5) penalty shoot	11) fight back tears
6) issue a red card	12) national anthem

6.

1) done / pursued 2) passed 3) scored 4) won 5) support 6) keeps 7) burns 8) play 9) go 10) go / lose 11) do / play 12) sledging / throw 13) skating 14) gives 15) do 16) sitting 17) enter 18) leading 19) lost 20) commits

7.

1) suppleness 2) strength 3) balance 4) stamina (endurance) 5) coordination 6) speed 7) skill

8a

1) C 2) E 3) A 4) B

8b

1) F 2) F 3) T 4) T 5) F 6) F 7) T

8c

1) in cooperation with 2) became popular 3) all over Europe 4) more efficient 5) on average 6) it can be done anywhere 7) as with any sport 8) follow the guidelines 9) lead to injury

9.

1) role 2) way 3) makes 4) lessons 5) games 6) choose 7) two-wheeled 8) about 9) goals 10) gain 11) lengths 12) being 13) sense 14) like 15) only 16) banned 17) on 18) programme 19) tournaments 20) all 21) fan

10.

48. Do you take any regular exercise?
49. Do you do any sport?
50. Are you a member of any sports team?
51. What sports are you good at?
52. Do you jog?
53. How often do you go swimming?
54. What do you do to keep fit?
55. What facilities does your school have for sports?
56. How is your gym equipped?
57. What is the most popular sport in Hungary?
58. Have you ever been skiing?
59. What equipment do you need for skiing?
60. Have you ever been to a football match (soccer game)?
61. What sports do you watch live or on TV?
62. What do you think of martial arts?

11.

1. I support the local football team; I never miss any of their matches.
2. I am not really into sport / I am not really interested in sport.
3. There are so many things I love about riding.
4. It burns a lot of calories, but it is extremely boring.
5. I am not really sporty, but I go swimming twice a week.
6. You have to practise dribbling.
7. I've got a good sense of ball / good ball skills.
8. I am good at individual sports.
9. I've been top scorer for my team for two years in a row.
10. I gain satisfaction from reaching my goals.
11. There is an all-weather, artificial football pitch outside our school.
12. There are many temporary ice rinks in our city in winter.
13. I have a wide knowledge of football.
14. Supporters / Fans often swear, fight and insult the referee.
15. As I have a fear of heights, paragliding is not for me.
16. Martial arts teach you not only self-defence, but discipline and self-control too.
17. Olympics are held every 4 years.

18. There is nothing like standing on top of the podium and listening to the national anthem.
19. I can't do either a cartwheel or a headstand.

Unit 11 - Health

1.

1) forehead 2) eyelashes 3) eyelid 4) temple 5) ear 6) brain 7) skull 8) lip 9) eyebrow 10) eye
 11) face 12) nose 13) head 14) mouth / tongue 15) chin 16) neck
 17) breast 18) waist 19) hip 20) thigh 21) leg 22) ankle 23) shoulder 24) elbow 25) wrist 26)
 nail 27) toe 28) finger 29) hand 30) arm 31) back 32) sole 33) heel 34) thumb 35) palm 36)
 chest 37) knee 38) foot 39) rib 40) liver 41) lungs 42) heart 43) stomach 44) spine 45) kidney

2a

1) flu 2) mumps 3) chickenpox 4) indigestion 5) sunstroke 6) hay fever 7) common cold

3.

1	R	E	C	O	V	E	R	Y										
				2	P	A	T	I	E	N	T							
			3	T	H	E	R	M	O	M	E	T	E	R				
			4	P	A	R	A	M	E	D	I	C						
				5	W	A	R	D										
				6	S	T	I	T	C	H								
			7	S	Y	R	I	N	G	E								
8	A	M	B	U	L	A	N	C	E									
			9	S	U	R	G	E	O	N								
				10	S	T	R	E	T	C	H	E	R					
11	A	N	A	E	S	T	H	E	T	I	C							
				12	T	R	E	A	T	M	E	N	T					
					13	C	A	S	U	A	L	T	Y					
				14	C	R	U	T	C	H								
					15	N	U	R	S	E								
16	S	C	A	L	P	E	L											

OPERATING THEATRE: It is a room in a hospital where operations are done.

4.

1) surgery 2) stethoscope 3) throat 4) pressure 5) symptoms 6) diagnosis 7) medicine 8) stay
 9) refer 10) further 11) urine 12) ray

5.

1) E 2) G 3) H 4) F 5) A 6) C 7) D 8) B

6.

1) feeling 2) matter 3) headache 4) symptoms 5) sore throat 6) flu 7) prescribe 8) Stay 9)
 plenty 10) care 11) hope 12) seat 13) problem 14) pain 15) bend 16) little 17) long 18) about
 19) taking 20) painkiller 21) allergic 22) prescription 23) hours 24) refer

7.

1) sore 2) ache 3) pain 4) hurt 5) sore 6) throbbing 7) wound 8) injuries 9) burnt 10) ache 11) hurt / injured

8.

verb	noun	verb	noun	verb	noun
bleed	blood	infect	infection	vaccinate	vaccination
prescribe	prescription	breathe	breathing, breath	operate	operation
treat	treatment	feel exhausted	exhaustion	relieve	relief
injure	injury	examine	examination	extract	extraction

9.

No	letter	meaning	No	letter	meaning
1)	F	bölcsességfog	9)	P	tejallergia
2)	G	ételmérgezés	10)	O	körzeti orvos
3)	H	immunrendszer	11)	E	kötőhártya-gyulladás
4)	J	passzív dohányos	12)	B	erősen fertőző
5)	L	fájdalomcsillapító	13)	D	egészségbiztosítás
6)	I	várószoba	14)	A	vizsgáló pamlag
7)	N	fogorvosi ellenőrző vizsgálat	15)	M	látogatási idő
8)	C	érezéstelenítő injekció	16)	K	altató

10a

.... be **physically** active
.... take a lot of **exercise**
.... eat a healthy **diet**
.... eat **vegetables** and **fruit** every day
.... **avoid** junk food
.... rarely drink **fizzy** drinks
.... drink plenty of **water**
.... have enjoyable **hobbies**
.... don't **keep** your emotions bottled up

.... go to the **gym** three times a week
.... **avoid** salty and **sugary** snacks
.... never **skip** breakfast
.... don't eat meat, be a **vegetarian**
.... go **jogging** regularly
.... go for regular medical **checkups**
.... sleep at **least** eight hours
.... reduce **stress**, relax and meditate
.... spend time with your friends and **family**

11.

1) as sick as a dog 2) under the weather 3) recharge my batteries 4) pins and needles 5) hard of hearing 6) have a hangover 7) blacked out 8) full of beans 9) out of sorts 10) gone down

12a

1) E 2) C 3) A 4) D 5) F 6) B

12b

1) instruction 2) adolescence 3) turnabout 4) sleep deprivation 5) peak 6) adopt 7) alertness 8) truancy 9) improve

13.

1) health 2) active 3) diet 4) rarely 5) curiosity 6) hooked 7) dared 8) made 9) glasses 10) tested 11) last 12) caught 13) nose 14) sore 15) temperature 16) appointment 17) examined 18) prescribed 19) prescription 20) accident 21) sprained 22) swollen 23) weight 24) reduced 25) care 26) meals 27) checkups 28) toothache 29) removed 30) anaesthetic 31) numb 32) pulled 33) allergy 34) allergic 35) trace

14.

63. How have you been feeling lately?
64. When was the last time you were ill?
65. How many days of school do you miss each year due to illness?
66. How often do you take medicine?
67. What are you allergic to?
68. Have you ever had an operation?
69. How many diseases have you been vaccinated against?
70. What do you do to stay healthy?
71. Do you watch your weight?
72. Have you ever had braces on your teeth?
73. Do you wear glasses?
74. Does your waist hurt, if you bend down?

15.

1. I've just got over a nasty cold.
2. I haven't been sleeping well.
3. The school doctor examines everybody and our weight is measured.
4. If an illness is detected early the patient is more likely to be cured.
5. Our GP referred me to a specialist.
6. Measles is highly contagious.
7. If we are absent for more than three consecutive days, we have to hand in a signed doctor's note.
8. Colds can be prevented by regularly washing our hands.
9. The fever relief brought down / relieved my temperature.
10. It's painful to swallow food.
11. I bought some over-the-counter laxative.
12. I am allergic to penicillin, which means I can't take any antibiotics that contain penicillin.
13. I had my tonsils removed two years ago.
14. I have been vaccinated against Lyme disease.
15. I slipped and broke my arm.
16. My wrist was X-rayed and put in plaster.
17. I can't resist chocolate; therefore I'm a bit overweight.
18. One of my molars is sensitive to cold.
19. The X-ray revealed a small cavity which was filled by the dentist.
20. I alternate between contact lenses and glasses.
21. I need glasses for reading. I am long-sighted.
22. I have good eyesight. I have my eyes tested every year.
23. If you have sunstroke, avoid direct sunshine.
24. Drink plenty of liquids!
25. The policeman was taken to hospital with serious head injuries.

26. My grandfather is a bit hard of hearing.
27. He blacked out / lost his consciousness, when he saw the syringe.
28. A lot of people have gone down with the flu.
29. Our metabolism at its most active in the morning.
30. Drink sugary soft drinks in moderation or avoid them completely.